FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Clair Justin	2. Issuer ONE LIBERTY PROPERTIES INC	Ticker or Trading Symbol [OLP]	5. Relationship of Reporting Perso (Check all a	pplicable)		
(Last) (First) (Middle) 60 CUTTER MILL ROAD SUITE 303	3. Date of Earliest Transaction (Month 01/23/202		 Director Officer (give title below) Sr. Vice President Acquistions 	 10% Owner Other (specify below) 		
(Street) <u>GREAT NECK, NY 11021</u> (City) (State) (Zip)	4. If Amendment, Date Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Will be automatically set) Form filed by One Reporting Person Form filed by More than One Reporting Person 			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)	Date (Month/	2A. Deemed Execution Date, if any (Month/ Day/ Year)	(Instr. 8)		4. Securities Acc (Instr. 3, 4 and 5	quired (A) or Dispose 5)	ed of (D)		Ownership	7. Nature of Indirect Beneficial Ownership
			Code	V	Amount	(A) or (D)	Price	Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	01/23/2023		S		5,137	D	\$23.50	43,749	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

(Instr. 3)	or Exercise		a 3A. Deemed Execution Date, if any (Month/ Day/ Year)	4. Transaction Code (Instr. 8)		Derivative Securities			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Security	Securities	Ownership Form of	Beneficial
	Price of Derivative Security			Code	v	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date	Title	Amount or Number of Shares		Owned Following Reported Transaction(s)	Direct (D) or Indirect	Ownership (Instr. 4)

Explanation of Responses:

Remarks:

/s/ Justin Clair by Isaac Kalish, his attorney in fact

01/23/2023 Date

**Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v). ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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